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# SCHMELZHOF SPA

**SCHMELZHOF**  
LECH

Discover our 400 m<sup>2</sup> SCHMELZHOF SPA with Finnish sauna, sanarium, saline steam bath and infrared cubicle. In the two massage rooms our therapists soothe you into a state of relaxation. In addition the spa features a tranquillity room with comfortable loungers, a gym and a room for chatting over a cup of tea or a glass of fresh fruit juice, or simply for relaxing with a newspaper or magazine.

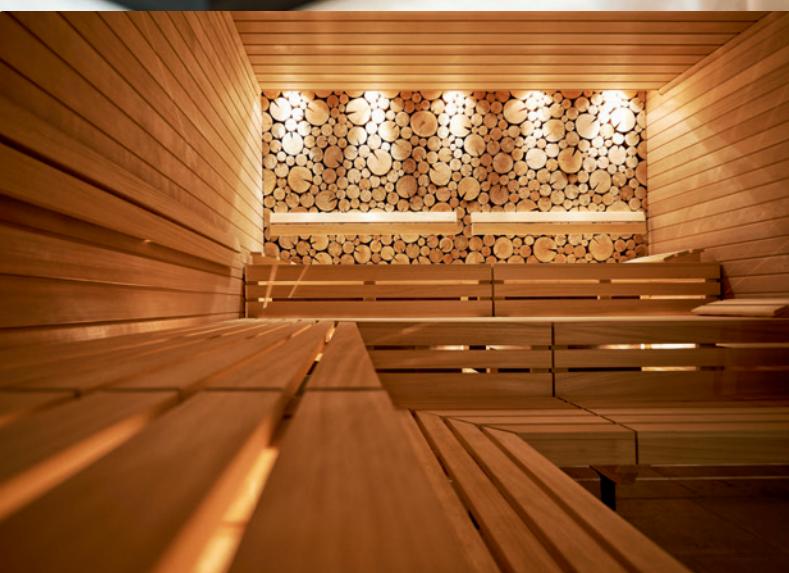


A touch of the French Caribbean can now be enjoyed in the Schmelzhof. Ours is one of the selected hotels that enjoys the privilege of offering the exclusive LIGNE ST BARTH products and using them in our treatments.



In our SCHMELZHOF SPA our main priority is on offering quality of the highest standard. Our exquisite sauna area – on the right you can see the Finnish sauna with wooden log-effect wall and indirect lighting – was planned together with experts from the company KLAFS.

# DISCOVER THE SCHMELZHOF SPA



# ST BARTH SPECIALS

## ST BARTH SOFTNESS

Relaxing peeling massage for velvety soft and smooth skin. The fruit enzymes gained from the fresh papaya and a special sea-sand polish complex remove dead skin cells. Pure coconut oil provides lasting care for the skin while pampering it with valuable nutrients. This is the ideal base for an especially long-lasting and even tan.

Body Peeling Massage with  
Coconut Oil & Papaya Mousse      45 mins.    80,-

## ST BARTH ELASTICITY

The intensive body mask cares for skin and improves its appearance. Valuable minerals and vitamins from the clay and fresh cucumber mousse nourish the skin. Ivy, menthol and camphor activate and strengthen the body tissue while cold-pressed avocado oil supplies important nutrients.

Body Mask with Clay  
and Cucumber Mousse      45 mins.    83,-

## ST BARTH SCHMELZHOF SPECIAL

The perfect end to an eventful winter day – being pampered from head to toe with exclusive LIGNE ST BARTH products. The treatment menu includes soothing and rejuvenating facials and our very special Schmelzhof Beauty Drink.

Intensive care  
from top to toe      80 mins.    138,-

## ST BARTH SLIMNESS

For a rapid relief and relaxation of heavy legs, for instance after extended periods of sitting, standing or after long flights, or for simply beautiful, slim legs. Our ivy gel releases blockages and drains excess water while strengthening veins and stimulating the lymphatic system. Menthol and camphor promote micro-circulation, refresh and vitalize. As a special finish treat your legs to a spot of Caribbean pampering. Select your favourite body lotion with cold-pressed avocado oil and the Fragrance of pure bourbon vanilla, the Caribbean tiaré flower or the especially feminine scent lily.

Soothing and  
Relaxing Leg Massage      25 mins.    60,-

## ST BARTH SENSATION

This pampering body mask provides the skin with an intensive moisture boost and is a pleasure for all of the senses. Select your favourite scent from bourbon vanilla, delicate tiaré flowers or exotic lily. A creamy, silky mask is gently applied to your entire body. After the body mask, your skin has been supplied with intensive nutrients and lipids from high-quality plant oils. Your entire skin takes on a visibly improved appearance and velvety smooth texture.

Luxurious Body Mask with  
Pampering Relaxation Massage      60 mins.      98,-

## ST BARTH HARMONY

Enjoy a relaxing, gentle body massage with intensive care products specially tailored to your needs. Choose pure, slightly warmed coconut oil for intensive conditioning of especially dry skin, cold-pressed avocado oil to support the functioning of particularly delicate skin or ivy gel and menthol oil for strengthening tissue and skin layers. To round off the experience, let yourself be pampered with a touch of the Caribbean. Select your favourite body lotion with cold-pressed avocado oil and the fragrance of pure bourbon vanilla, the Caribbean tiaré flower or the exceptionally feminine lily.

Pampering Body Massage      60 mins.      90,-

## ST BARTH MEN SHORT

Created specially for men, the ST BARTH "HOMME" products ensure blissful moments of relaxation. The refreshing Aloe Vera Gel, the rejuvenating Fluide Visage HOMME facial fluid and the Ivy Gel, which has a lymphatic draining effect, take care of the unique needs of men's skin. Special massage techniques used on the head and feet restore energy and vitality.

Relaxing Head & Foot Massage      25 mins.      60,-



### Before your treatment:

Please take a shower before your treatment. The high-quality ST BARTH oils work better on clean skin, helping them deliver the maximum effects.

Our tip: Enjoy a session in the sauna, including sufficient rest time, before your treatment to intensify its effects.

### Book or cancel a treatment:

Please book your massage in advance at reception. You can cancel your appointment free of charge up until 9:00 am on the day of the treatment.

We kindly ask for your understanding that should you fail to cancel a treatment before 9:00 am, this treatment will be charged to your account, unless another guest can take over your appointment at short notice.

Thank you!

# SCHMELZHOF CLASSICS

## CLASSIC MASSAGES

Back massage 25 mins. 48,-

Full-body massage 50 mins. 85,-

Foot reflexology massage 50 mins. 90,-

Medical lymphatic drainage 30 mins. 65,-

45 mins. 99,-

60 mins. 139,-

## COMBINED MASSAGES

Back – face – neck – head 50 mins. 85,-

Back – foot reflexology 50 mins. 85,-

## SPECIAL MASSAGES

### Honey massage

Free your body of impurities, nourish it with high-quality oils and bring back its vitality. The honey massage has a long history in many cultures.

50 mins. 90,-

### Brush massage

Enhance your well-being with a brush massage to revitalise, balance, regenerate and care for your skin. We use soothing, quality body brushes for this whole-body treatment. Afterwards, you will be pampered with warm coconut oil from LIGNE ST BARTH.

50 mins. 90,-

### Hot Stone

Massage treatment using hot basalt stones – for deep relaxation and regeneration.

75 mins. 115,-

### Aromatherapy body wrap

A soothing aromatherapy wrap with 35 essential oils to increase circulation, revitalise your body and stimulate fat reduction, all while toning the skin. A wellness massage for the face or feet is included.

50 mins. 94,-

### Wellness Relax Massage

with Aroma Oil 25 mins. 50,-  
50 mins. 90,-

## **SPORT MASSAGES · TAPING**

<b>Marnitz deep sport massage or Marnitz key zone massage</b>	25 mins.	50,-
	50 mins.	98,-
	60 mins.	113,-
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<b>Taping additional to therapy</b>	10,-	
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<b>Meditaping with Kinesiology test</b>	25 mins.	55,-
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<b>Marnitz therapy</b>	75 mins.	135,-

## **TRADITIONAL THAI MASSAGES**

### **Thai Head Massage**

Carried out in a lying position

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### **Basic Thai Massage**

Relaxation and therapeutic treatment: Neck,  
shoulders, back, stomach, hips, legs

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### **Thai Stretching**

Passive stretching treatment with the masseur,  
highly effective after a day's skiing

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### **Vital Energy Points**

Specific therapy points are massaged  
to alleviate aches and pains.

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### **Energy Channels**

The activation of all ten major energy channels  
releases blockages allowing energy to flow freely.

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<b>Treatments (see above)</b>	25 mins.	50,-
	50 mins.	98,-
	60 mins.	113,-

<b>Thai Foot Reflexology Massage</b>	25 mins.	50,-
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<b>Thai Therapy including tape</b>	75 mins.	135,-
	90 mins.	150,-

Thai massages are carried out dressed on a mat on  
the floor. Please wear loose, comfortable clothing.  
You can either wear your own light, comfortable  
sportswear or we can provide you with traditional  
Thai trousers to help you relax into the Asian  
treatments.

# LIGNE ST BARTH SHOP

## CORPS & BAIN – BODY CARE



**Sea Breeze Premium Avocado oil**

200 ml 69,90



**Huile d'avocat – Avocado oil**

125 ml 44,70

200 ml 65,90



**Huile solaire au roucou SPF 4**

125 ml 38,20

200 ml 54,50



**Gel d'aloès – Aloe Vera gel**

125 ml 35,90

200 ml 52,00



**Huile de coco – Coconut oil**

125 ml 32,50

200 ml 42,40



**Crème douche à la papaye - Peeling**

125 ml 42,90



**Lait corporel – Vanilla, Lilie or Tiaré**

125 ml 33,60

200 ml 47,00



**Lait corporel – Body Lotion unscented**

125 ml 58,90



**Gel au lierre – Ivy gel**

125 ml 37,70

200 ml 53,90



**Huile mentholée – Menthol oil**

125 ml 37,70

200 ml 53,90



**Crème main à la banane – Hand creme**

50 ml 49,90



**Lip balm with sugar cane extract**

15 ml 39,30



## VISAGE – FACE CARE

	Lait démaquillant „Frangipany“ – Cleaning milk	
	125 ml	41,90
	Tonic Lotion „Melon“	
	125 ml	28,00
	Crème gommante à la papaye – Papaya Peeling	
	50 g	66,50
	Crème masque au fruit de la passion – Cream mask with pink clay and passion fruit	
	50 g	75,00
	Crème masque à l'ananas – Cream mask with green clay and pineapple	
	50 g	75,00
	Crème au beurre de mangue – Mango butter creme	
	50 g	93,50
	Crème au beurre de mangue enrichie – Enriched mango butter creme	
	50 g	117,00

## FRAGRANCE

	Eau de Toilette „Ouanalao“	
	50 ml	89,90
	Eau de Toilette „Les Alizés“	
	50 ml	89,90
	Eau de Toilette „Tijuca“	
	50 ml	89,90
	Eau de Toilette „Fleur de Gingembre“	
	50 ml	89,90
	Eau de Toilette „Patchouli Arawak“	
	50 ml	89,90
	Parfum „Vanille West Indies“	
	50 ml	103,00

All prices in Euro stated include VAT.

"When the toils of everyday life simply melt away for a while and you forget the world around you. When you drop off to sleep simply because you feel so safe and relaxed, then we are satisfied. Then we can give you what your body and soul need, namely a TIME-OUT."

SCHMELZHOF SPA TEAM



## DO YOU HAVE ANY QUESTIONS OR REQUESTS?

Dear Guests,

Do you have any wishes or requests that we haven't anticipated? Do you have any questions regarding our treatments or the LIGNE ST BARTH products?

If so, don't hesitate to ask or tell us if you have any special needs or requests. We want our guests to enjoy the ultimate feel-good experience here in the SCHMELZHOF SPA.



## LIGNE ST BARTH

The manufacturer of LIGNE ST BARTH is based on one of the most beautiful islands in the Caribbean: St Barthélemy. This is where the cosmetic products and perfumes are exclusively produced. The family business was established in 1983 but the history of the founding family goes back much further to the year 1648, closely tied to the history of the Caribbean island itself.

The LIGNE ST BARTH combines the traditional knowledge of the Caribbean Arawak Indians with the latest scientific findings and cutting-edge technology using the highest quality standards. Up until a few years ago these unique elixirs from the Caribbean were only known to insiders and are only offered in selected hotels and perfumeries worldwide.

